

## 4 Great Camps

All camps feature a combination of learning technique and live wrestling

### Beginner Camp

June 21-25 Ages 5-16\*

Learn the basic skills of wrestling

\$200\*\* Commuter only

### Team/Competition Camp

June 27-30 Ages 8-18\*

Exposure to a competitive atmosphere

\$340\*\* Commuter \$440\*\* Overnight

### Technique Camp

July 5-8 Ages 8-18\*

Focus on learning solid technique

\$340\*\* Commuter \$440\*\* Overnight

### "Hell in the Shell" Intensive Camp

July 5-10 Ages 14-18\*

Elite training at an intense level

\$495\*\* Commuter \$595\*\* Overnight

*\*If you are interested in a camp but do not meet the age requirement, contact us for possible exception*

### Discounts

**\*\*Online registration \$20-Register online\*\***

**Early Registration \$25-Register before April 15**

Return Camper \$25-If you came to camp last year

Group \$25-For each person in group of 12 or more

Multi-Camp \$50-Register for 2 or more camps

Sibling \$25-For each sibling that registers



University of Maryland Wrestling  
1712 Comcast Center  
College Park, MD 20742

Personalized Instruction  
Individual Training Logs  
Modern Facilities  
Open Mat Time  
Athletic Trainers on Site  
Outstanding Coaching Staff



**Kerry McCoy's  
Maryland Wrestling Camps**  
Summer 2010 at  
The University of Maryland

**Beginner Camp, June 21-25  
Team Camp, June 27-30  
Technique Camp, July 5-8  
"Hell in the Shell" Intensive Training  
Camp, July 5-10**



**Train Hard....Train Smart!!!!**

**301.314.6677**

tfb@umd.edu

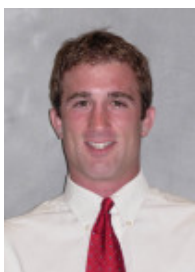
[www.marylandwrestlingcamps.com](http://www.marylandwrestlingcamps.com)

# Camp Staff



## **Kerry McCoy**

Head Coach  
University of Maryland  
2008 FS Olympic Coach  
2x US Olympian  
4x World Cup Champion  
5x US FS National Champion  
2x NCAA Champion



## **Todd Beckerman**

Camp Director  
Head Assistant Coach  
University of Maryland  
2x NCAA All-American



## **Brandon Sinnott**

Assistant Coach  
University of Maryland  
2x NCAA All-American  
3x MAC Champion



## **Brendan Byrne**

Assistant Coach  
University of Maryland  
ACC Champion  
NCAA Qualifier

## Tentative Daily Schedules\*\*

*\*\*subject to change*

### Beginner

8:30am-9am Drop off/Check-in  
9am-12pm Session  
12pm-12:30pm Pick up /Check out

### Team/Technique-Commuter

8:30am-9am Drop off/Check in  
9am-11am Session 1  
11:30am-1:30pm Lunch/Free time  
2pm-4pm Session 2  
4pm-6:00pm Dinner/Free time  
6:30pm-8:30pm Session 3  
8:30pm-9:00pm Pick up /Check out

### Team/Technique-Overnight

7:45am-8:30am Breakfast  
9am-11am Session 1  
11:30am-1:30pm Lunch/Free time  
2pm-4pm Session 2  
4pm-6:00pm Dinner/Free time  
6:30pm-8:30pm Session 3  
8:30pm-10:30pm Free time/Games/Video  
11pm Lights out

### "Hell in the Shell" Intensive

7am Morning Run  
7:45am-8:30am Breakfast  
9am-11am Session 1  
11:30am-1:30pm Lunch/Free time  
2pm-4pm Session 2  
4pm-6:00pm Dinner/Free time  
6:30pm-8:30pm Session 3  
8:30pm-10:30pm Free time/Games/Video  
11pm Lights out



## **REGISTRATION**

Online registration also available at:  
[www.marylandwrestlingcamps.com](http://www.marylandwrestlingcamps.com)

(Please print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_ Grade: \_\_\_\_ Wt: \_\_\_\_ T size: S M L XL XXL

School: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

### **Please check camp(s):**

**Beginner Camp** \_\_\_\_\_Commuter only \$200

**Team/Competition Camp**  
\_\_\_\_Commuter \$340 \_\_\_\_\_Overnight \$440

**Technique Camp**  
\_\_\_\_Commuter \$340 \_\_\_\_\_Overnight \$440

**Intensive "Hell in the Shell" Camp**  
\_\_\_\_Commuter \$495 \_\_\_\_\_Overnight \$595

### **Make Checks payable to:**

**Kerry McCoy's Maryland Wrestling Camps**

Send check(s) and registration to:

Kerry McCoy 1712 Comcast Center College Park, MD 20742

## **Waiver and Insurance Information**

Please provide specific written instructions for any special medical conditions that you deem necessary while participating in this camp.

I verify that my child has been seen by a licensed physician and is physically able to participate in this camp. I hereby authorize the staff of the Maryland Wrestling Camp to act for me, according to their best judgment in any medical emergency, while there is an attempt to contact me. I waive and release this camp from any liability, injuries or illness incurred while attending this camp. The camper shall use the facilities of The University of Maryland at his/her own risk. The University, the department of athletics and its staff shall not be liable for any damages.

\_\_\_\_\_  
Signature of Parent or Guardian Date

\_\_\_\_\_  
Insurance Company Policy number

\_\_\_\_\_  
Employer or Sponsoring Organization

### Camp Counselors:

Include current and former  
**University of Maryland wrestlers**